SPECTRUM of PALLIATIVE CARE









EXPECT DIAGNOSIS **MATTER** (A)CTION

PLAN ••



Discuss treatments and medicines can any be stopped or reduced? ...





Power of Attorney in place and checked?

LIVING with LIFE SHORTENING CONDITIONS and DETERIORATING HEALTH

DECREASING

Clinical and medicines

- Activity
- Mobility
- Function

review to look

for reversible

causes of decline

Need for carer support





Increasing confusion

or delirium









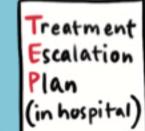
Adverse events: eg. fall or unplanned hospital admission



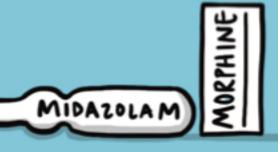
Increasing symptoms or complications of underlying condition(s)

REALISTIC CONVERSATIONS

FUTURE CARE PLAN







Consider 'JUST in CASE' medicines

Review or stop medicines and

monitoring



Family supported and updated?

> Has 'JUST in CASE' medicines





RECOGNISE SIGNS of DYING

DETHARGY - weak, bedbound, increasingly sleepy

ALTERED MENTAL STATE - confused, restless, agitated

SKIN CHANGES - pale, blue, mottled. Cold hands or feet

DABLETS - little or no oral intake now

BREATH)ING CHANGES - pauses, noisy or rapid

RECORD in NOTES [Name] lives with life shortening condition/s. Needs a realistic approach and holistic care.

[Name] has life shortening condition/s and deteriorating health. Needs a realistic approach focusing on increasing care needs.

[Name] is sick enough to die soon.