

DECIDE model for shared decision making

Define decision	We are making a decision with you about X. Is this a good time to do that? Should anyone else be involved?
Explain situation	Can we start by talking about your health problems and situation? Can you tell me what you know already? Do you have any thoughts, questions, or worries I can help with?
Consider options	Let's talk about available options, and the likely benefits, risks or harms. We need to work out what option is the best one for you. Each of them has pros and cons. You might choose to wait and see what happens.
Invite views	I would like to hear about what matters to you (your relative) in this situation. That is important in helping us make good decisions together.
Decide together	Given what we can do and what you said matters, let's find the right option for you. What do you think the best option might be? What do you think (person's name) would say, if we could ask them? Why is that? Would it help if I suggest a way forward, and explain what might happen?
Evaluate decision	You think the best option is Y, because... Is that right? Are you clear about what that means for you? Do you want to think about it, and we can talk again later?