

Talking about Care Planning with REDMAP

Ready	Can we talk about your health and care? Who should be involved?
Expect	What do you know ? Do you want to tell/ask me about anything? What has changed? Some people think about what might happen if...
Diagnosis	What we know is... We don't know ... We are not sure ... I hope that, but I am worried about... It is possible that you might.... Do you have questions or worries we can talk about?
Matters	What is important to you and your family? What would you like to be able to do ? How would you like to be cared for? Is there anything you do not want ? What would (<i>name</i>) say about this situation, if we could ask them?
Actions	What we can do is... Options that can help are.... This will not help because.... That does not work when...
Plan	Let's plan ahead for when/if.... Making some plans in advance helps people get better care.