

RED-MAP: Care planning in the last days of life

Ready	Can we talk about what is happening with your health and care? Who else should be involved? Is there someone we should talk to?
Expect	How have you been recently? What has changed? What do you know about your health problems? What do you think is happening/might happen? Do you want to tell/ask me about anything?
Diagnosis	We know you are less well because... We hope you will improve, but I am worried that... It is possible you will not get better... I'm afraid she is seriously ill. I'm sorry but you could die soon with this illness Do you have questions or worries we can talk about?
Matters	What is important to you and your family? How would you like to be cared for? Is there anything you would not want ? What would she say about this situation, if we could ask her?
Actions	What we can do is... Things that can help are.... This will not help because... That does not work when... I wish that was possible..., let's talk about what we can do .
Plan	Can we talk about how we care for someone who is dying? We are not sure how quickly things will change. We can make a care plan for you (<i>name</i>) and your family.