

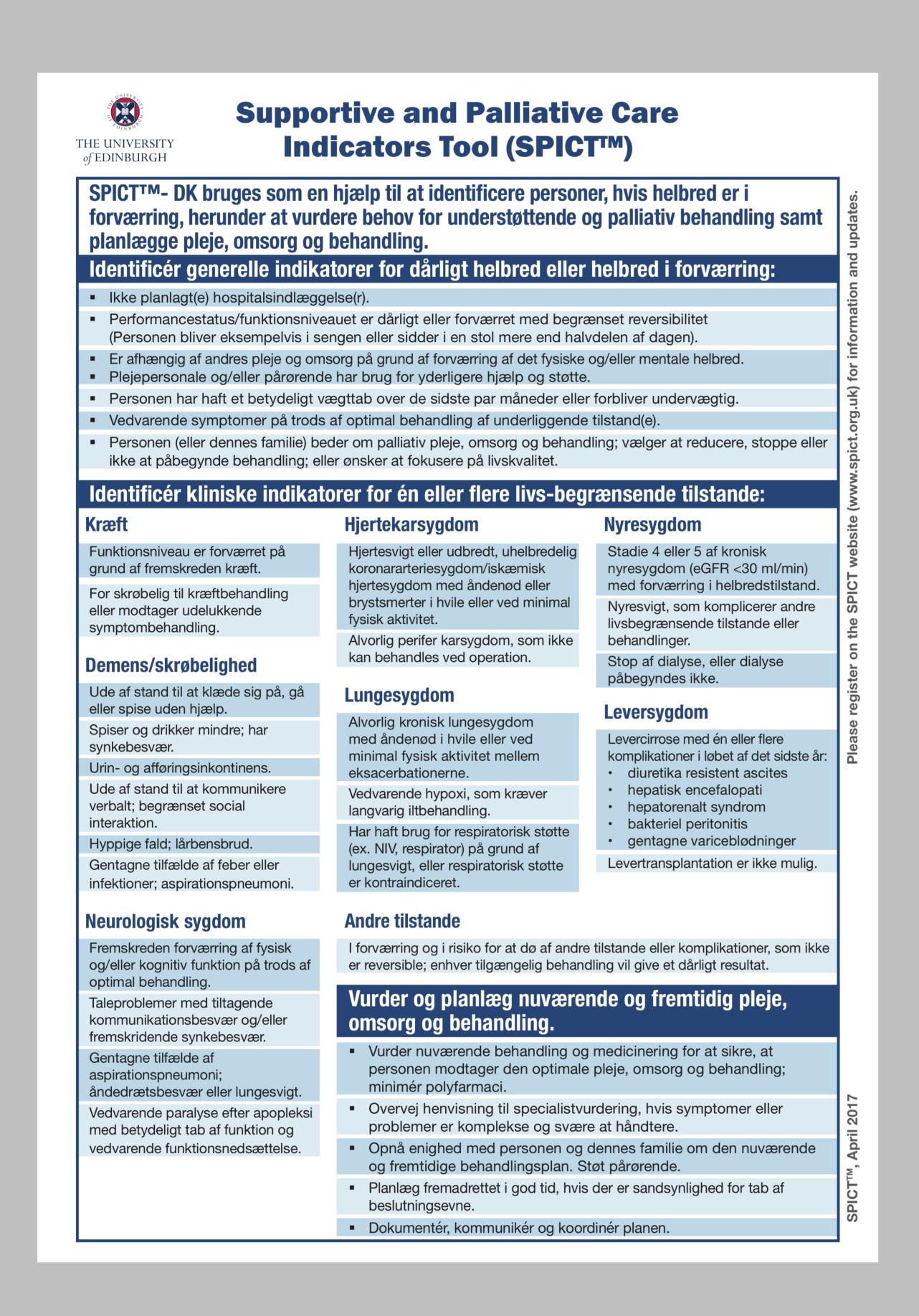
# The Danish Knowledge Centre Palliative Care



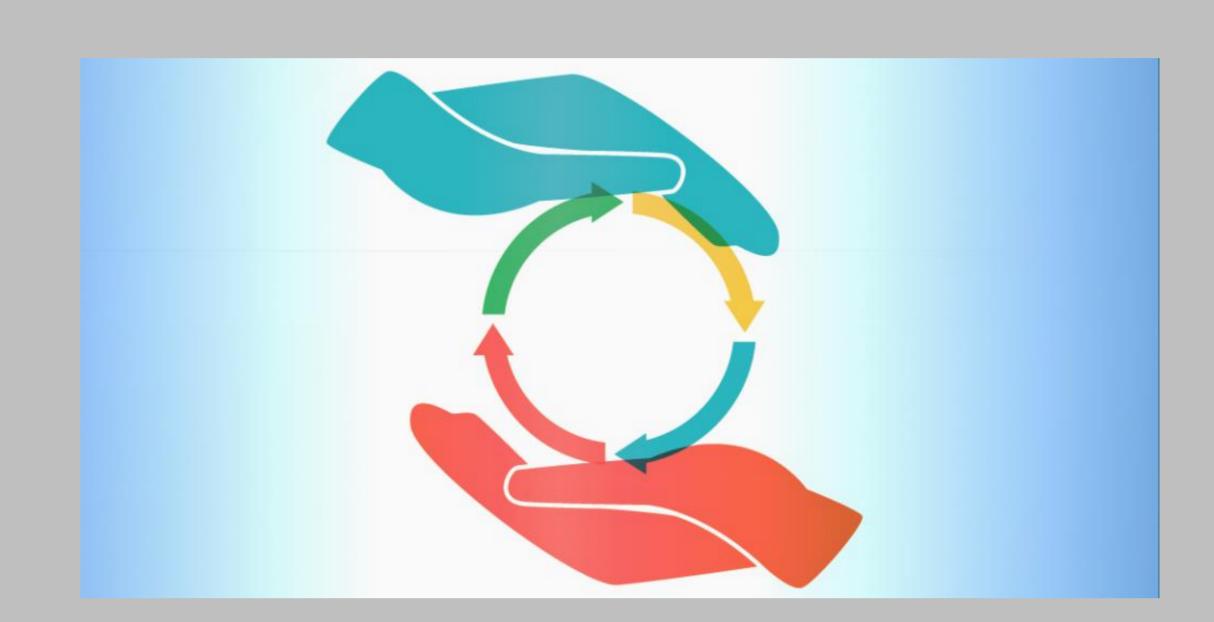
# Translation and Cultural Adaption of SPICT™ in a Danish context

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# **CT Partners around the world**



## **Inaugural SPICT International Conference 2018**



#### **Background:**

In Denmark and internationally there is a need for early identification of patients with palliative care needs. The validated tool SPICT™ is used in other countries by health and care professionals to help them identify people at risk of deteriorating and dying with one or more advanced, progressive conditions or lifelimiting illness. SPICT™ helps clinicians decide when it is time to look for unmet holistic care needs. The Danish National Health Board recommends the use of SPICT™. REHPA, Knowledge Center for Rehabilitation and Palliative Care, decided to translate SPICT™ into Danish aiming to cultural adapt the tool in a Danish context.

## **Results:**

From the translation and cultural adaption (interviews), it seems that SPICT™ is feasible in a Danish context. However, it is important to take into account the different professional groups' understanding of SPICT™. It is recommended to use the tool in an interdisciplinary palliative care approach, as well as in educational contexts.

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#### Methods:

The translation was inspired partly by the TRAPD-translation model (Translation, Review, Adjudication, Pretesting, and Documentation) and partly by EORTC Quality of Life Translation Procedure in a forward-backward translation. Following the translation, SPICT™ was evaluated and discussed by 29 healthcare professionals in six focus group- and five individual interviews covering professionals in hospitals, primary care, and general practitioners.

# **Perspectives:**

SPICT™ is now translated and culturally adapted in a Danish context and is available for all healthcare professionals.

The next step is to develop national and local implementation strategies in hospitals, the primary sector and general practice.

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